

# HTSAC

## Addiction Recovery Project Committee

### Minutes

#### March 6, 2006

#### **Committee Members:**

\*Jan Brown, SpiritWorks Foundation (Chair )  
\*David Allen  
\*Sissy Allen  
Karyn Painter

#### **Ex Officio Members:**

Gina Thorne, HTSAC  
\*Karen Goins, HTSAC  
\*Darlene McCoy, HTSAC  
\*Alexis Michalos, HTSAC G.A.

#### **Guests:**

Bunkie Righter, SpiritWorks Board

#### **Resource Guide**

Members reviewed a large-print version of the guide. In discussion about the distribution of the guide, it was decided to use the same physicians mailing list developed for the Screening, Brief Intervention and Referral (SBIR) guides in addition to sending them to the agencies and individuals in the guide. Formatting suggestions were to drop the word “comprehensive”, make the type smaller and to re-order the sections as follows: Agencies, Housing, Other Resources then Hotlines, adding an asterisk beside the name of coalition members, putting one agency per page with bigger font and space at the bottom of the page for notes. These changes would make the guide thicker and more like a book. After reviewing contents, the group went over additions and corrections. The group also discussed finding funds to create a Spanish-language version.

#### **Faith-Based Breakfast**

At the April 25<sup>th</sup> Faith-Based Breakfast, Trish Merrill, Director of the Rush Center of the Johnson Institute, will introduce what would be a faith-based initiative for the community. The goal is to share information with potential “champions” in the faith community who would be part of the next step.

#### **Spring 2006 Coalition Meeting**

In addition to guest speaker Charlotte Kasl’s presentation on her *16-Step Empowerment Model for Overcoming Trauma and Addiction*, there will be presentations on other approaches to recovery, including the 12-Step Program, Holistic Care and Celebrate Recovery. Participants will divide between three different rooms with the facilitators rotating between them.

## **Transitional Housing**

Work continues on adapting the basic format of the Salvation Army's housing contract by incorporating transitional housing language. A screening sub-committee was established under Addiction Recovery to review housing applications. Sub-committee members include Nancy Ellis, **Joanie P.**, Gina Thorne, Rosemary Hertzler. David volunteered to serve on the committee. The group will meet up to four times a year. The sub-committee is tasked with creating a formal process for review and recommendations for housing.

## **Wellness Model**

Salvation Army is soliciting local organizations to partner in building a new Salvation Army facility that will encompass various aspects of health and wellness for members of the community at no charge. Services would be offered to families for little to no cost. The Salvation Army has approached the Boys & Girls Club to run their afterschool program at the center. In addition to having a fellowship hall, the center would have meals on wheels, a gymnasium, administrative offices and community services. It could also be used as a satellite office for area agencies.

## **Grant Opportunities**

### *NACOA*

The coalition is eligible to apply for a \$6,000 National Association for Children of Alcoholics (NACOA) grant to help establish advocacy, education or other services specifically for children of alcohol or drug dependent parents. Area treatment centers will be approached to see if children of their clients would be interested in the program.

### *Peer-to-Peer Support Program*

The Substance Abuse and Mental Health Services Administration (SAMHSA) has a three-year, \$300,000 grant available to create peer-to-peer mentors to promote recovery from alcohol and drug use disorders, similar to the Connecticut Community for Addiction Recovery (CCAR) program. Sissy noted the success of peer-to-peer programs for mental health groups. She and David volunteered to be a part of the workgroup for a clubhouse or recovery house if the group was interested in using the grant for such a project.

## **Next Meetings**

Treatment Project Committee: March 21, 10:30 a.m., HTSAC

Addiction Recovery Project Committee: April 3, 5:30 p.m., HTSAC. Dinner will be provided.

Steering Committee: April 11, 1:30 p.m., HTSAC