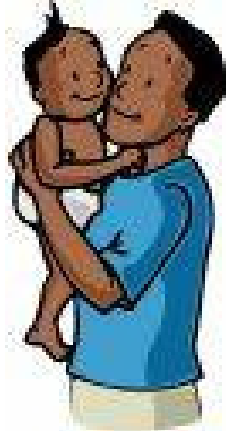


# 1-2-3-4 Parent!

## *Parenting Children Ages 1 to 4*



Family Focus Williamsburg is pleased to sponsor an exciting research-based video and discussion workshop called **1-2-3-4 Parent!** This four-week video-based program is perfect for new parents and parents with children age one to four. Parents will learn the four stages of child development and how to enhance their children's learning at each stage. They will learn about three parenting styles, and discover how to begin building a lifelong bond with their child. Parents will learn non-violent discipline skills that really work, and how they can set rules that their young child can understand and follow. Parents will discover how the power of encouragement helps children learn positive behavior at an early age. They will understand the importance of taking care of themselves as well as their child.

Tuesdays, April 22<sup>nd</sup> – May 20<sup>th</sup>

9:30 – 11:30

YMCA

301 Sentara Circle, Williamsburg

Class is Free and books are available for purchase for \$14.00.  
Books may be borrowed and returned for no fee; a deposit is required.

**Registration is required by calling Sheree at 566-9777**

**Family Focus is a program of Colonial Services Board. This class is funded by a Williamsburg Community Health Foundation Grant.**



*Williamsburg Community  
Health Foundation*



Colonial Services Board